



## **Third Haven Friends Meeting**

*405 South Washington Street*

*Easton, Maryland 21601*

*(410) 822-0293*

*Info@thirdhaven.org*

## **April 2010 NEWSLETTER**

"In worship an increased power steals its way into the heart sanctuary, an increased compassion grows in the soul. To worship is to change." Richard Foster, Faith and Practice p. 125

### **THIRD HAVEN FRIENDS MEETING MEETING FOR BUSINESS Third Month, 14th, 2010**

Attending: Paige Bethke, Tom Corl, Lorraine B. Claggett, Doreen Getsinger, Marsie Hawkinson, Marsie Hawkinson, Peter Howell, Connie Lewis, Nancy Mullen, Sumner Parker, Jim Paul, Peggy Paul, Dee Rein, Sarah Sayre, Candace Shattuck, Cathy Thompson, Norval Thompson, Joan Wetmore, Ann Williams, Ralph Young.

Assistant Clerk Candace Shattuck opened the meeting at 11:50 am with a period of silent worship.

The Third Query had been read during meeting for worship. There were no reflections offered at this time.

The minutes from last month's meeting for business were APPROVED as written.

Clerk's Correspondence – A written request for membership from Kyung-Lim Turrell was read and given to Overseers for action.

Overseers clerk Dee Rein also informed the meeting of a request for use of our facilities August 1 at 2 pm for a memorial service. This was APPROVED and the event has been placed on the calendar.

The Annual Report from FCNL was postponed to next month.

Cathy Thompson gave the Annual Report for the Hospitality Committee (see attached). The report was APPROVED. A Friend commented positively on the cake brought for today's hospitality in honor of Irene Williams as she moves to Maine.

The Common Room Committee annual report was postponed to next month.

Tom Corl provided a summary of the Quaker Quest Committee report, published in the last newsletter. The Committee seeks to improve Meeting outreach into the broader community and create a more welcoming environment for seekers and visitors. The Committee is seeks the right balance in welcoming visitors and wants to provide the most useful and compelling information about the Faith and Practice of Third Haven Friends. With Building and Grounds, the Committee plans to renovate the space and information resources in the office, the entry foyer and the meeting room in the brick Meetinghouse as well as the common room. The Committee is working on improved signage as well.

The committee has been discerning the core beliefs of Third Haven as the basis of a more coherent explanation and presentation of our Faith and Practice:

- That of God in everyone, along with a focus on the Light of the Teachings of Jesus
- Silent worship
- Testimonies
- Community

There will be a worship sharing Saturday April 3 at 10 AM in the common room on the core beliefs. See the report for additional information.

A Friend asked how or when people from outside THFM could be included. Tom replied that the committee is working on “inreach” – understanding ourselves –prior to “outreach.” Another Friend remarked that traditionally Quakers have identified ourselves as “seekers” and wondered if the committee might explore that concept. Tom explained that the committee agrees with continuing seeking and learning. Another Friend spoke about working on these ideas with First Day School students and the difference between testimonies and queries.

New Business: Paige Bethke, clerk of Worship and Ministry, noted that her committee has been trying to set aside time at the end of each month to discuss books or other readings. A Wednesday meeting once a month after Worship is being considered. Worship and Ministry would like to know the meeting’s level of interest in this timing. A few Friends commented on the difficulty of Wednesdays; Fridays were another suggestion, in view of the fact that several people already participating are weekenders in Talbot County. Paige agreed to take these ideas back to committee.

After a period of silence, the meeting was closed at 12:15pm.

Respectfully submitted,  
*Nancy Mullen, Assistant Recording Clerk*

## **2009 ANNUAL REPORT OF THE HOSPITALITY COMMITTEE THIRD HAVEN FRIENDS MEETING**

Hospitality Committee sincerely thanks all friends who have provided both food and generous effort on First Days and for special occasions. Some memorable dates were: The May 17th, Third Haven’s 325th Anniversary Potluck, the June 7th Potluck Picnic for Moving Up Day (our Middle Schoolers moving on to other schools); the October 4th Potluck, and the December 20th Potluck hosted by the First Day School Committee.

It was noticed by our committee that fewer people signed up for hospitality this past year, so in order to encourage F(f)riends, we will make a verbal and written announcement at the beginning of each month to remind committees of their turn to be hosts. We suggest that committees choose one First Day of their assigned month to host hospitality together as a team, if that is workable. That can be very simple and lots of fun.

As we have often pointed out, the food offerings can be store bought and very simple – such as fruits, cheese, crackers, and cookies. It is not a requirement to have homemade foods.

A list of committee assignments is posted on the refrigerator in the Common Room for reference. There is also a list on the refrigerator of Hospitality Committee members assigned on a monthly basis, to ensure that coffee is available. And, as always, we encourage families and individuals to continue to sign up, too.

The Hospitality Committee is delighted to have the following members join in our efforts: Pete Howell, Emma Leibman, Beth Mufson, Sam Mullen, Heidi Wetzal, Ann Womack, and Ralph Young.

We have managed to stay within our annual budget of \$400 and project similar activities, as well as a similar budget, for the next year.

We encourage ALL members and attenders to participate in this wonderful program at Third Haven. Reach out! It is a delight to work with one another.

*Ann Williams, Co-Clerk* (410) 770-3237  
*Cathy Thompson, Co-Clerk* (410) 714-3657

## **Why Don't You Read Novels?**

*By Bob Marshall*

My daughter recently asked me why I do not read popular novels. I told her that I read economics research (that's my profession) and spiritual literature, and not much else. She has become an avid reader, so this confused her a bit. She felt I was missing something. I told her that whenever I even thought about reading a novel, the opportunity cost was too vividly in my mind -- I could be reading, or rereading, spiritual literature. Consider the following.

"Then your light shall break forth like the dawn,  
and your healing shall spring up quickly;  
your vindicator shall go before you,  
the glory of the Lord shall be your rearguard.  
Then you shall call, and the Lord will answer;  
you shall cry for help, and he will say, Here I am."

The seven verses preceding these are key. They tell you why the passage begins with "Then".  
(See <http://bible.oremus.org/> )

## Greetings and Thanks!

Thank you all so very much for helping with the Interfaith Shelter at Third Haven over the past 2 weeks. The five guests were grateful for the delicious meals, clean clothes and the time and attention you gave them. They were delighted with the welcoming cards made by the Third Haven youth. In return, one guest made a thank-you card which they all signed. So we pass on their "THANKS!" to all of you.

We especially would like to thank Pamela McCloud and Anne Keiser who organized the volunteers for the first week and Sarah and Phil Sayre who were our main contacts for Third Haven. The cooperative efforts of Third Haven, Union UMC, Christ Church and Easton Church of the Brethren certainly made this an interfaith experience. We enjoyed meeting and working with all of you.

Blessings,  
*Jean & Don Saballus*

And thanks to both of you, Jean and Don, for your coordinating the Interfaith Shelter for Third Haven. As you know, I am an Interfaith Minister who arrived in Easton from New York in August. I was delighted to be part of this interfaith experience. It gave me the opportunity both to serve and to meet some wonderful people. Thank you to all of you who welcomed me so warmly.

Til we meet again, I wish you Peace and Joy, *Rev. Nancy Sajda*

## Annual Report of the Communications Committee April 11, 2010

During the past year our group has provided a new paper directory, weekly e-mail announcements, monthly newsletters, but most importantly revitalized the Third Haven Website <http://www.thirdhaven.org/> This was accomplished by our newest member, Tatiana H. Harrison.

Ralph Young writes, "What a wonderful job you have done to our website. You have increased the attractiveness and functionality of the site by many orders of magnitude. The layout, the calendar page, the directory page, etc., etc., etc. are all the hand of a professional. What a wonderful gift you are giving to the Meeting."



Tatiana writes, "Earlier this year, I redesigned our website. The new design allows visitors to bookmark individual pages and better reflects the aesthetics of our Meetinghouses. In the process of redesigning the site, I had the opportunity to review all of the content. The amount of content on our website is one of the best things about it, but the content needs to be updated.

**Tania helps a puzzled website user?**

Our website is one of our most important outreach and "in-reach" tools. The more frequently we review the content on the website, the better the website will be. With some exceptions, most of the content on the website was written years ago. I have updated content when it was obviously out-dated; but I ask each committee to go through the website and review the content pertaining to your specific committee. Other than annual reports, most committees will find that they have NO content on the website at all. I ask these committees to consider adding content to the website. I strongly encourage all committees to contact me with content changes or additions. In particular, I would like to have more content about the Quaker Quest, Scholarship, and First Day committees on the website.

This website is for all of us: those who attend Third Haven already and those who might in the future. We can make it better by adding more content and making sure the content already on the website is current.”  
Address to [3rdhaven@gmail.com](mailto:3rdhaven@gmail.com)

The committee depends upon Nancy Mullen and Dee Rein for editorial work, Molly Burgoyne for the minutes, Ralph Young for photography and sending US mail editions, and Tatania Harrison for her masterful upgrade of the website.

*John Hawkinson* for Communications

## **The Power of Presence, A One-Day Silent Meditation Retreat**

April 17 (Saturday ) 9:00 am – 4:00 pm This retreat is suitable for both beginning and experienced meditation students, the silent meditation retreat includes guided meditation periods, silent sitting and walking meditation, and a dharma talk with a question-and-answer session.

Location: Third Haven Friends Meeting House, 405 South Washington St, Easton, MD. Teacher: Larissa Kitenko, founder of The Easton Meditation Group and a longtime practitioner of Insight Meditation will lead The Power of Presence meditation retreat.

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“The practice of meditation is based on cultivating a present-centered awareness – mindfulness – which leads to an unfolding of our natural wisdom and compassion.”

Larissa studies and practices Buddhism in the Theravadan tradition, is currently participating in a two-year Dharma Study program at Spirit Rock Meditation Center in California, and works under the guidance of one of the members of its Teachers Council. She is also in teacher training with Tara Brach, PhD, the founding teacher of Insight Meditation Community of Washington, DC. Larissa has been teaching throughout the Eastern Shore for many years.

Registration is encouraged as space is limited to comfortably accommodate each person. You may register by phone, email or by mailing the form below. Contact Larissa by email at [lkitenko@yahoo.com](mailto:lkitenko@yahoo.com) or #410-430-2005.

Fee - No registration fee; there will be an opportunity to make a donation towards the support of the practice of the teacher & for Third Haven Friends Meeting.

Bring cushions & pillows, a bag lunch & drink; chairs & benches will be available.

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**Retreat Registration Form**

MAIL REGISTRATION TO - Larissa Kitenko, 7937 Laurel Lane, Denton, MD 21629

NAME(s) \_\_\_\_\_

ADDRESS \_\_\_\_\_

PHONE (best #): \_\_\_\_\_ EMAIL \_\_\_\_\_

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**Third Haven Monthly Meeting Announcements**

Meetings for Worship

First Days 10am      Fourth Days 5:30pm

April 7

April 11              April 14

April 18              April 21

April 25              April 28

April 11 (Sunday) Meeting for worship followed by meeting for business.

April 24 (Saturday ) Spring clean-up at Third Haven

“The Preservation Maryland Annual Conference runs from Thursday 5/20 through Friday 5/21 at the Tidewater Inn with a full schedule of concurrent seminars and walking tours. On Friday May 21 from 9-noon, Orland Ridout will be part of the walking tour of historic churches. The tour starts at the Tidewater Inn at 9AM and will make four stops: Asbury United Methodist Church on Higgins Street, Bethel A.M.E. Church on Hanson Street, Third Haven (Old Meeting House) and Christ Church & Rectory. Friends who wish to participate in the conference can check registration information online at [www.preservationmaryland.org](http://www.preservationmaryland.org) . Friends wanting to only hear Orlando Ridout discuss the Old Third Haven Meeting House should plan to arrive at the meeting house around 10AM.”

May 22 (Saturday) The Carriage Shed Sale at Third Haven. While you are cleaning out closets, basement, or garage please set aside your items that can be donated for the sale.

New e-mail address:                      Joan Wetmore      [jmw.nvt@gmail.com](mailto:jmw.nvt@gmail.com)

Corrected e-mail address:              Connie Lewis              [c411dh@yahoo.com](mailto:c411dh@yahoo.com)

- The online directory remains password protected: please e-mail [3rdhaven@gmail.com](mailto:3rdhaven@gmail.com) if you need the password.
- . Anyone interested in participating in a group who is examining our Third Haven grounds for a memorial garden (specifically for scattering ashes) please talk with Meredith Watters or e-mail: [meredithw@atlanticbb.net](mailto:meredithw@atlanticbb.net)
- Please don't forget to bring to Meeting, each Sunday, a non-perishable food item and place it in the container under the literature table in the Common Room.
- Faith and Practice can be read and portions extracted from the PYM website at this link: <http://www.pym.org/publish/fnp/index.php>

Thanks to everybody who brought the stamps from Acme Market. This program has ended. Please send newsletter material and announcements to [3rdhaven@gmail.com](mailto:3rdhaven@gmail.com)



**Irene, flanked by sons David and Hugh and their wives, Barbara and Avis**

### **Irene Williams Celebration**

Recently our dear Friend Irene Williams has moved to Maine to live with her son Hugh and his wife, Avis. It was our pleasure to celebrate her on April 14<sup>th</sup> with spontaneous remembrances by many members as well as cards wishing Irene well and a cake to send her off in style. We look forward to your next visit to Third Haven, Irene!

### **New Members and Attenders Luncheon**

On March 21<sup>st</sup> members came laden with delicious pot luck dishes to add to the entrees and beverages provided by Overseers in order to celebrate the importance of membership and participation as an attender at Third Haven Friends Meeting. It's the people and the spirit within them that make the Meeting and we are pleased to share that message with everyone. To that end we acknowledge the presence of our many attenders and celebrate our newest members from this past year, Robert Gladney, John Winterbottom, Aiyana Paterson Zincand, Connie and Mike Pullen, Joan Wetmore, Beth and Neil Mufson and their children, Charlie and Maeve. Speaking about their own membership experiences were Sarah Sayre, Lorraine Claggett, Norval Thompson, Paige Bethke and other volunteers.



**Lorraine leads off the speaking**

"Membership establishes a commitment. It means that for each member the Religious Society of Friends provides the most promising home for spiritual enlightenment and growth. It commits a person to the daily pursuit of truth after the manner of Friends and commits the Meeting to support the member in that pursuit. Membership includes a willingness to live in



**Sarah discusses her experience**

spiritual unity with other members of the Religious Society of Friends." Faith and Practice p. 34

We invite those interested in membership to read Faith and Practice thoughtfully, noting the membership application process, p. 35, and write a letter to the clerk of the meeting, John Schreiner, requesting membership. The process then follows with Meeting for Business passing the request to Overseers, which establishes a clearness committee

meeting for those requesting membership and a recommendation to the Meeting for Business by the Overseers for disposition by the members. Following acceptance into membership, new members meet with a welcoming committee to celebrate their membership and afford another opportunity to ask questions as well as join in the activities of the Meeting. We welcome new Members and celebrate our continuing Attenders!

*Dee Rein, on behalf of Overseers*



**Neil and Maeve lead the Johnny Applesseed Grace**



**Norval shares on membership**

**Welcome to the newest Fords, Aden Kemp Ford and big brother David, here with Mom Elisa Tucker and Great Grandfather Bob Kemp.**

**Overseers planning:  
Lorraine, Nancy, Dee, Molly, Norval  
Adrienne, Marsie, (missing Bob,  
Ann and Doreen)**



## **Declaration of Intentions**

Friends are reminded that it is our responsibility to make clear our intentions for memorial services and other necessities with which our families and friends must cope upon our death. Below is a copy of the Declaration of Intentions which can be a great help to those who will miss us when we are gone. Please ease their burden by filling out the following form if you have not yet done so and returning it to Overseers. It will be placed in a confidential file until it is needed.

**THIRD HAVEN FRIENDS MEETING  
OF THE RELIGIOUS SOCIETY OF FRIENDS  
Declaration of Intentions**

**Full Name** \_\_\_\_\_ **Sex** \_\_\_\_\_ **Birth date** \_\_\_\_\_

**Address** \_\_\_\_\_ **Birthplace** \_\_\_\_\_

\_\_\_\_\_ **Social Security Number** \_\_\_\_\_

**Military Service #** \_\_\_\_\_ **Railroad Employment?** \_\_\_\_\_

**Branch of Service** \_\_\_\_\_ **Date of Discharge** \_\_\_\_\_

**Spouse, Next of Kin or other person I have directed to carry out my wishes:**

\_\_\_\_\_

**I hereby direct that the following disposition be made of my body after my death:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Memorial Service Directions:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**I would like the following undertaker to aid in carrying out these arrangements, and have filed a copy of this declaration with him:**

**Name:** \_\_\_\_\_ **Address:** \_\_\_\_\_

**Send a notice of my death to the following newspapers and journals:**

\_\_\_\_\_

\_\_\_\_\_

**In lieu of flowers, memorial gifts in my name may be sent to:**

\_\_\_\_\_

**I understand that this Declaration of Intentions is not legally binding, and that Third Haven Monthly Meeting has no duty to fulfill any of the above requests, but shall act as a depository and advisor for this expression of personal wishes for procedures at the time of my death. I have executed this document for the purpose of guiding my family and the members of Third Haven Monthly Meeting at the time of my death.**

**Signed** \_\_\_\_\_ **Date** \_\_\_\_\_

**Witness:** \_\_\_\_\_ **Witness** \_\_\_\_\_

**Copies of this Declaration are on file with:**

\_\_\_\_\_

(Additional information may be added to the back of this page.)

## More Third Haven Friends



Third Haven Friends Meeting  
405 S. Washington Street  
Easton, Md. 21601

Meeting for Worship  
Sunday 10-11 a.m.  
Wednesday 5:30-6 p.m.  
Everyone welcome